## AWARDS, ACHIEVEMENTS & PARTICIPATION

- 1. Best Department Award in 2019.
- 2. Dr. Arun HS- Fellowship in Arthroplasty at Indraprastha Apollo Hospital, Delhi from 2003 to 2004 (6 months).
- 3. Dr. Nagakumar JS Fellowship in Illizarov at MS Ramaiah, Bangalore in the year 2013.

Won the Cricket Cup in Karnataka Orthopaedic Premier League held at Mangalore in December 2024 by the Mandya Orthopaedic team. Best Cricketer Award in Orthopaedic Department, 2024.

Won the Cricket Cup in Bangalore Orthopaedic Society Cricket League held at Bangalore in March, 2024.

- 4. Dr. Hariprasad S- Fellowship in pelvis, acetabulum, hip arthroplasty and spine surgery from University Medical Center of the Johannes Gutenberg-University, Mainz, Germany in 2018.
- Dr. Sagar V Post Doctoral Fellowship in Joint Replacement Surgery( Affiliated to the Tamil Nadu Dr. MGR Medical University) at Ganga Medical Centre and Hospitals Pvt Limited , Coimbatore from 1<sup>st</sup> September 2022 to 31<sup>st</sup> August 2023.
- 6. Dr. Vinod Kumar Fellowship in RGUHS (Paediatric Orthopaedics)- 2019 at Indira Gandhi Institute of Child Health.
- 7. Dr. Manoj Kumar R Fellowship in National Board (Spine Surgery) 2020 to 2022.
- Dr. Manoj Kumar R has attended a conference as a Resource Person in Nepal Lumbini Province Spine Symposium in association of Spine Surgeons of Nepalat Lumbini Province Nepalgunj Medical College, Nepal on 08.02.2025.
- Dr. Vinod Kumar presented a free paper on the title "Does Pronator Quadratus Repair affect the functional Outcome following Volar Plate fixation for Distal End Radius Fracture during ORTHOCON 2025 held in Birgunj, Nepal dated Feb 27th, 28th & March 1<sup>st</sup>, 2025.
- 10. Dr. Arun Kumaar presented a free paper on the title "Functional outcomes of Fluoroscopy Guided Intraarticular Steroids in Lumbar Facet Arthropathy- A Retrospective comparative study between Dexamethasone Versus Triamcinolone Acetonide during ORTHOCON 2025 held in Birgunj, Nepal dated Feb 27th, 28th & March 1<sup>st</sup>, 2025.
- 11. Dr. Arun Kumaar presented a free paper on the title " A cross-sectional study assessing association between chronic low back ache and Vitamin-D deficiency among female population in India during ORTHOCON 2025 held in Birgunj, Nepal dated Feb 27th, 28th & March 1<sup>st</sup>, 2025.