

Date	8.00-8.55 am	9am-10am	10am-11am	11.00-11.15 am	11.15 am-12.00 pm	12.00pm-1.00pm	1.00pm-2pm	2.00-3.00 pm	3.00pm-4.00pm	4-5 pm
14 October 2024	Registration	A.(1,2) Inauguration and Opening remarks		Break	A(3,4). (Facility visits (Library, Sports Gound, Hospital)		Lunch	A(3,4)Facility visits (University, Skill lab, Departments)		
15 October 2024		A.(6) MBBS Curriculum description	A (7)Examination- IA, University rules and regulations	Break	A(8,9) Library orientation and registration		Lunch	A (10) IMG- roles and responsibilities	A(11) Career pathways and personal growth)	
16 October 2024	F (9) Yoga and Meditation	A(12) Exploratory session with students to find out why they chose to become doctors		Break	B(1) First aid	B(15) Hand washing	Lunch	F (1,2) Sports and extracurricular activities		
18 October 2024	F (10) Yoga and Meditation	B (2) Introduction to BLS/CPR	B (3) Demonstration BLS/CPR	Break	B (4) Demonstration BLS/CPR	B (5) Demonstration BLS/CPR	Lunch	B (6) Demonstration BLS/CPR	B (7) Demonstration BLS/CPR	B (8) Demonstration BLS/CPR
21 October 2024	F (11) Yoga and Meditation	B (9) Needle Stick Injury and Universal Precautions	B (10) Blood Spill mangement	Break	B(11) Group activity - Lab safety measures	B(12) Group activity - Chemical safety measures	Lunch	B (13) Biomedical waste guidelines	B(14) Immunization requirements of health care professionals	
22 October 2024		C(1,2) Field visit to community health centre		Break	C(3,4) Field visit to community health centre		Lunch	C (5,6) Role of various levels of health care delivery system - Debriefing		
23 October 2024	F (12) Yoga and Meditation	D (1) Making most of the lectures; Time management	D (2) Study skills and learning techniques, SDL, Group dynamics	Break	D (3,4) Stress management- Mental and emotional health		Lunch	D (5) Interpersonal relationships	D (6) Awareness of impact of substance abuse on professional and personal growth	
24 October 2024		D (7) Antirragging measures and helpline	D (8) Gender sensitization	Break	D (9) Case discussion - trust in doctor patient relationship, Rights of patient and duties of a doctor	D (10) Bioethics and medical ethics	Lunch	D (11,12) Case discussion on principles of biothics - small group activity		
25 October 2024	F (13) Yoga and Meditation	D (13) Professional qualities and roles of physician	D (14) Empathy in patient encounters	Break	D (15) Functioning as a part of health care systems	D (16) Disability competencies under 5 roles of the IMG	Lunch	D (17,18,19) Mentorship activity and assignment of mentors		
26 October 2024		D (20) Research ethics for Undergraduates	E (1) Communication skills	Break	E(2) Language and Kannada teaching	E(3) Language and Kannada teaching	Lunch	F (3,4) Sports and extracurricular activities		
28 October 2024	F (14) Yoga and Meditation	E (6,7) Principles of communication, Importance and techniques of effective communication		Break	E(4) Language and Kannada teaching	E(5) Language and Kannada teaching	Lunch	F (5,6) Sports and extracurricular activities		
29 October 2024		E(8) Computer skills	E(9) Computer skills	Break	E(10) Computer skills	Instructions for white coat ceremony	Lunch	F (7,8) Sports and extracurricular activities		
30 October 2024	F (15) Yoga and Meditation	A (14,15) White coat ceremony		Break	A (16,17) White coat ceremony		Lunch			

A	Orientation module including history of Indian Medicine	15
B	Skills module	15
C	Community Orientation module	5
D	Professional development and Ethics module including mental Health	20
E	Enhancement of Language and Computer skills module including clinico laboratory communication	10
F	Sports and Extra curricular activities	15