

# HISTORY OF PSYCHIATRY

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Psychiatry is a branch of medicines which deals the study, diagnosis, treatment and prevention of mental disorder which includes disturbances of cognitive, conation, affect or any disequilibrium between these 3 domain

## PREHISTORY

- A Trephine skull
- Shaman

## TEMPLES OF HEALING

- Temple dedicated to ASCLEPION
- The Temple of Chottanikkara

## THE AGE OF RATIONALISM

- In Greece-Hippocrates(BC400)
- In India- charak (100AD)

- In Rome- Galen(150AD)

Hippocrates known as father of modern medicine and maintained that mental disorder were due to brain pathology and classified them into

Mania

Melancholia

Phrenitis

## THE DARK AGES(500-1000AD)

- The age of mental and intellectual stagnation

## THE AGE OF WITCHES HUNTING(1000-1400AD)

- Water test

# HUMAN REFORM

Luis Juan Vives (1492-1540)- Spanish Psychologist hinted at the role of instincts on Human behaviour and highlighted the Importance of emotions both +ve n -ve

**Swiss physician Paracelsus- sexual factor played Important role in Hysteria n Neurosis**

The Bethlehem hospital- “Hospital for the Cure of lunatics” in 1547 by Henry VIII  
“Bedlam” become synonym for mad house

Johann Weyer-1<sup>st</sup> psychiatrist described no. Of clinical condition eg. Epilepsy, psychosis, Paranoid, depression

# PSYCHIATRY IN 17TH N 18TH CENTURIES

- Paolo Zacchia- Father of legal psychiatry  
Emphasized on examining pt. behaviour,  
Language, action, judgment capacity,  
Emotional states



- Thomas Sydenham- described the neurotic symptoms n hysteric symptoms
- Leopold Auenbrugger- used camphor for treatment for mania
- Friedrich Scheidemann- founder of psychosomatic medicine emphasized the Importance of positive emotions
- William Cullen-classified mental disorder

- Philippe Pinel-a pioneer in humanitarian reform, divided insanity into 4 categories- mania, melancholia, idiocy and dementia
- Benjamin Rush-Father of American Psychiatry wrote book-Medical Enquiries n observation upon the Disease of mind
- Jean Esquirol-coined term “hallucination”
- Heinroth-coined term “psychosomatic illness”

# PSYCHIATRY IN THE 19TH CENTURY

- Johann Reil-includes occupational,drama, music therapy in treatment
- William Griesinger- Founder of biological Psychiatry n published book- **PATHOLOGY AND THERAPY OF MENTAL DISEASES**  
Introduced term cyclothymia n catatonia

- Korsakoff- described psychosis in alcoholism  
“Korsakoff psychosis”
- Jean Falret-described psychiatry interview techniques
- Kraepelin-differentiated manic depressive psychosis from dementia praecox(schizophrenia). His book remained as the “psychiatrist’s bible” for several decades

- Sigmund Freud- Father of Modern Psychiatry

He proposed model of mind, topographically divided it into the Id, Ego n Superego, also developed “Free Association”

Founded psychoanalysis as method of analysing human psyche and treatment

His contributions-psychic determinism

infantile sexuality,dream analysis,oedipus complex

# PSYCHIATRY IN 20TH CENTURY

- Adler-founded individual psychology society
- Carl Jung-developed modified version of “Analytic Psychiatry” n coined the term complex, introvert and extrovert
- Bleuler-coined the term Schizophrenia n its symptoms- autism, loss of association, ambivalence, disturbances of affect ,delusions hallucination, negativism and stupor

- Sheldon-classifying body types into 3 Ectomorph(thin),Endomorph(fat)and Mesomorph(muscular)
- Leo Kanner-established 1<sup>st</sup> child psychiatry clinic in Baltimore
- Ugo n Bini-used ECT in 1938
- WHO published ICD in 1948
- DSM 1<sup>ST</sup> Edition in 1950 of American Psychiatry Association

# HISTORY OF PSYCOPHARMACOLOGY

- 1853-Bromide used as sedative-hypnotic
- 1882-Paraldehyde used as Hypnotic
- 1903-Barbiturates used for sedation
- 1927-Insulin-Shock tx for schizophrenia
- 1931-Reserpine-tx for psychosis
- 1937-Amphetamines-tx for behaviour disorder of children
- 1940-Phenytoin used as anticonvulsant
- 1949-Lithium used in mania



- 1950- Chlorpromazine
- 1958-Imipramine n MAOI used in tx of depression
- 1966-Valproate used in bipolar disorder
- 1971-Carbamazepine-bipolar disorder
- 1990s-2<sup>nd</sup> generation antipsychotics-  
Risperidone

## In India

- 1922-term “Lunatic Asylum” was changed to “Mental Hospital”
- The Indian Psychiatry Society was formed at Delhi on jan1947
- 1987-The New Mental Health Act safeguard the rights of mentally ill patient to ensure better care n tx

## REFERENCE:

- KAPLAN SADOCK
- NAMBOODIRI
- AHUJA

**THANK YOU**