

## **THE DEPARTMENT OF PSYCHIATRY**

### **Introduction:**

The department of Psychiatry at SDUMC is a full-fledged department situated in the OPD block of R.L.Jalappa Hospital and Research center providing mental health services to the people of rural and urban areas in around Kolar district. This is the only mental health center, which acts as a referral center for neighbouring districts of Karnataka, Andhra Pradesh and Tamil Nadu.

### **HODs from 1-1-1987 to till date**

<b>Sl. No.</b>	<b>Name</b>	<b>From</b>	<b>To</b>
1	Dr.K.N.Srinivasan	01-11-1994	01-07-2001
2	Dr.Nagendran.S	02-07-2001	22-02-2013
3	Dr.Mohan Reddy.M	23-02-2013	Till date

### **PROGRAMME OFFERED:**

#### **TEACHING and Training**

The department functions as an undergraduate & postgraduate teaching center with students from 4th and 7th term being posted for 15 days each during their MBBS course Interns are regularly posted for 2 weeks on rotation on compulsory basis as per MCI regulations. Apart from this postgraduate students doing MD in pharmacology & medicine are regularly posted for 1 month and 15 days respectively.

For MBBS students tutorials & practical demonstrations are conducted as per the curriculum of the university.

Interns are trained with hands on basis & present seminars on important topics.

Postgraduates also get trained by presenting cases and seeing cases on supervision and present seminars, case conferences and journal clubs.

#### **Patient Care:**

We provide primary, secondary and tertiary care in mental health services to the people residing in and around Kolar district.

### **Community services:**

The department offers ongoing mental health training programs for primary health care doctors and paramedical staff in liaison with government of Karnataka. The faculty strives to create mental health awareness/hygiene to the public regularly. The department is also actively involved in camps organized by the parent institution in association with the other social organizations regularly.

Stress Management Skills are taught to Medical students, degree students of Kolar and to vulnerable populations like police forces, patients attempting suicide and farmers in distress.

### **FACILITIES:**

The infrastructure consists of 30 psychiatry inpatient beds and OPD department providing the following services.

1. Admissions for severely mentally ill
2. Detailed evaluation for new cases
3. Follow up of old cases
4. Consultation liaison services
5. Psychotherapy
6. Biofeedback and Behavior therapy
7. Electro convulsive therapy
8. Psychological assessment
9. De-addiction programme for alcoholics and drug dependants.
10. Narcoanalysis

### **FACULTY PROFILE:**

<b>Sl. No</b>	<b>Name</b>	<b>Qualification</b>	<b>Designation</b>	<b>D.O.B</b>	<b>D.O.R</b>
1	Dr.Mohan Reddy.M	MBBS, MD	Professor & HOD	22-03-1956	14-08-2001
2	Dr.Mona	MBBS, MD	Assistant Professor	23-12-1983	02-04-2013
3	Dr.Srinivasa Reddy.V.N	MBBS	Senior Resident	28-01-1950	10-03-2008
4	Dr.Jagadish.S.N	M.Sc, Ph.D	Clinical Psychologist	01-03-1967	01-07-1996

## **PUBLICATIONS / PRESENTATIONS**

1. "Detection of Organophosphorous Pesticides Using a Monoenzyme Biosensor: A Voltammetric Study" in the journal of Analytical & Bioanalytical electrochemistry.
2. Effectiveness of Cognitive Behaviour Therapy (CBT) on shyness among erectile dysfunction (ED) patients in UNITED JOURNAL OF AWADH SCHOLARS.
3. Effectiveness of cognitive Behaviour Therapy (CBT) on shyness among DHAT syndrome patient in ASIAN JOURNAL OF DEVELOPMENT MATTERS.
4. "Relationship between shyness and insecurity among high school students" in UNITED JOURNAL OF AWADH SCHOLARS.
5. Development of sol – gel immobilized electrochemical biosensor for the monitoring of organophosphorous pesticides: A voltammetric method. (submitted for publication)
6. An electrochemical sensor based on poly (solochrome dark blue) film coated electrode for the determination of dopamine and simultaneous separation in the presence of uric acid and ascorbic acid: A voltammetric method (submitted for publication)

## **RESEARCH**

1. Research ongoing

<b>Sl. No</b>	<b>Title of project</b>
01	"Use of Medical Student Stressor Questionnaire (MSSQ) In Assessing the Incidence of Stress among Undergraduates in a Medical College Kolar and Quantifying the Wastage – A Longitudinal Study."
02	"Psychiatric Morbidity in Intensive Care Unit Patients".
03	"Awareness and Attitude Towards Mental Illness Among A Rural Population"

2. Research Completed

- "A study of attempted suicides in Kolar"** in association with department of Community Medicine, Kolar.

## **HIGHLIGHTS**

- Dr. Nagendran S is visiting professor to china and UK
- Dr. Mohan Reddy M was secretary of Indian Psychiatric Society – Karnataka Branch 2008-09.
- Dr. Mohan Reddy M is the faculty trained member of the Medical Education Unit
- Dr. Jagadish pursuing PhD in clinical psychology

## **CONFERENCE ATTENDED**

The faculty of psychiatry department attended two CME per year at state and national level.

## **CME**

In July 2008, the department of Psychiatry in association with Forensic medicine department organized a CME-Workshop on Depressive disorders, Alcoholism and Forensic Psychiatry at SDUMC, Kolar.

Professor & HOD